

Burnout in GPs and indicators of suboptimal patient care  
IRAS ID: 268533 v1.0 01/08/2019

**RISP**  
**Research Information Sheet for Practices**

<b>Study Title</b>	Investigating burnout in general practitioners and indicators of suboptimal patient care within the RCGP Research Surveillance Centre network
<b>Principal Investigator(s) &amp; Institution</b>	Dr Maria Panagioti, University of Manchester
<b>NIHR Portfolio Ref</b>	<b>REC: Not applicable</b> <b>IRAS ID: 268533</b> <b>CPMS ID: Not applicable</b>
<b>Planned start date/ Duration of study recruitment at site</b>	Start date: 01/08/2019 Duration of study recruitment: 12 months
<b>Study Funding Source</b>	The National Institute for Health Research School for Primary Care Research (NIHR SPCR)
<b>Study Aim and Objectives</b>	<ol style="list-style-type: none"> <li>To understand which GPs are more likely to experience feelings of burnout</li> <li>Whether GPs working in the same general practices report similar feeling of burnout</li> <li>To understand whether burnout feelings in GPs are associated with characteristics of general practices and the quality of patient care in general practices.</li> </ol>
<b>Site target</b>	70 General practices registered with the RCGP RSC network - University of Surrey
<b>Staff involvement at Practice</b>	Consented general practitioners will be asked to complete <b>once</b> an anonymised online questionnaire which takes about 3 minutes. The questionnaire includes questions about your age, job contract type, feelings of burnout, job satisfaction and intent to leave medical practice. You will be asked to provide the name of your general practice to enable us to link your responses with the data contained in the RCGP RSD dataset. You will not be asked to provide any personal information.
<b>Total funding paid</b>	We will pay £20 as a thank you for general practitioners giving up their time to take part in the questionnaire study.
<b>Eligibility Criteria</b>	<b>Inclusion criteria:</b> General practitioners in practices within the RCGP RSC network <b>Exclusion criteria:</b> General practitioners in practices outside RCGP RSC network
<b>STUDY ACTIVITIES:</b>	
<b>Site Activities</b>	General practitioners will be asked to complete anonymised online questionnaire around

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	burnout. This will not involve physically invasive procedures or pose a significant risk of causing physical harm.
<b>Patient Activities</b>	<b>Not applicable</b>
<b>Recruitment data process</b>	This is an exception study (recruitment will be reported by the study team as they will be consenting patients) so no recruitment upload is required by practices. We aim to recruit approximately 400 GPs from 70 general practices, which are members of the RCGP RSC network. All general practices within the RCGP RSC and GPs employed in these general practices are eligible to participate in the study. RCGP RSC will send out invitation letters to contact points of all 500 general practices within the RCGP RSC network.
<b>Study specific training</b>	None
<b>ADDITIONAL INFORMATION:</b>	
<b>Contact details (for study-related questions)</b>	Dr Chris Grigoroglou on 0161-2750743 or via email <a href="mailto:christos.grigoroglou@manchester.ac.uk">christos.grigoroglou@manchester.ac.uk</a> Dr Alex Hodkinson on 0161 275 3535 or via email <a href="mailto:alexander.hodkinson@manchester.ac.uk">alexander.hodkinson@manchester.ac.uk</a> Dr Salwa Zghebi on 0161 275 0326 or via email <a href="mailto:salwa.zghebi@manchester.ac.uk">salwa.zghebi@manchester.ac.uk</a> Dr Maria Panagioti on 0161 306 0665 or via email: <a href="mailto:maria.panagioti@manchester.ac.uk">maria.panagioti@manchester.ac.uk</a>
<b>Principal Investigator</b>	Dr Maria Panagioti, Senior <del>lecturer</del> <a href="#">Research Fellow</a>
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